# How can you be a part of this?

#### Participate in our Program

If you believe our program can be helpful to you or a loved one, make sure to reach out to us and we will be in contact with you.

#### Make a Donation

Your generosity can make a great impact! You can make your donation through our website.

#### Spread the Word

Talk to others about the foundation, and share our social media content.

#### Become a Volunteer

If you feel compelled to join our mission we would love to meet you. Give us a call!



### Follow Us



@RIwellnessfoundation



@riwellnessfoundation

#### **Contact Us**



401-328-2121



www.riwf.org



info@riwf.org









## **Mission**

Our mission is to contribute to the growth of the human being by developing innovative programs and projects with an educational focus on mental health.

# **Vision**

Reach the Rhode Island community, by being a response to the problems reflected by the social determinants of health.

# mental health matters.

# **Value Proposition**

We are a foundation which creates and develops programs and projects for self-improvement and mental health in the different stages of the human being; We promote values such as respect, solidarity, understanding, acceptance and peace in society with a multiethnic and multicultural approach.





# **Our Program**

#### **EMOTIONAL PEDAGOGY**

This program aims to provide individuals with the necessary tools to learn how to identify and prevent situations that can generate emotional instability.

It will be carried out through projects targeting specific challenges in certain age groups, with the purpose of improving the overall mental health of the individuals and their social development.